TO LIVE IS CHRIST

Like Christ in Humility

Philippians 2:1–18

"Your attitude should be the same as that of Christ Jesus, who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing." Philippians 2:5–6

Day 1: Read Philippians 2:1–2.

- 1. What is it that would make the Apostle Paul's joy complete? (vs. 2)
- 2. Though Paul expresses this desire for the Philippians in three phrases (vs. 2), think up one word that would summarize all three.
- 3. Paul does not expect the Philippians to simply conjure these virtues from thin air. What truth does he ask them to meditate on as the wellspring of the love and unity he exhorts them to? (vs. 1)

Day 2: Read Philippians 2:1–4.

- 4. Examine yourself to see whether you have any "encouragement," "comfort," and "fellowship" with Christ and the Spirit. If so, why? If not, why not?
- 5. This is the second time in this short letter that Paul exhorts his hearers to strive for unity. From 1:27, argue how important this Christian virtue is to Paul. Why do you think a spirit of unity among Christians is crucial? (Jn. 17:22–23)
- 6. What two attitudes does Paul contrast in verse 3? Think of a situation in your current life in which you might try humbly considering another person over yourself, rather than acting with selfish ambition or conceit.
- 7. What would Paul say to today's slogan, "Look out for #1"? What kind of person does Paul commend? (vss. 4, 19–21)

Day 3: Read Philippians 2:5–8.

- 8. Who is our model for this life of humility? (vss. 5–7)
- 9. Read verses 6–8 and explain why you can't outdo Christ in humility and self-sacrifice.
- 10. If Christ, being God himself, made himself a servant (vs. 7), what should your attitude be? (John 13:12–17; Gal. 5:13; 1 Pet. 4:8–10) Try to think of ways you can be a "servant" in your marriage or friendships.

Day 4: Read Philippians 2:9-13.

- 11. What was Christ's reward for his life of humility, servanthood, and self-sacrifice unto death? (vss. 9–11)?
- 12. As a follower of Christ, what will be your reward if you persevere in the same spirit of humility? (Jas. 4:10; 1 Pet. 5:6, 10)?
- 13. As a reward for his obedience unto death, Jesus has been "exalted to the highest place" (vs. 9). How does Paul relate this present reign and power of Christ to your ability to live a godly life? (vss. 12–13)

Day 5: Read Philippians 2:12–18.

- 14. What do you think it means to "work out your salvation with fear and trembling" (vs. 12)? As you seek God this way, who is it who is actually doing the work in you? (vs. 13)
- 15. What two sins of the mouth should you avoid if you want to be blameless and pure? (vss. 14–15)
 - a. Thinking over the last few weeks, how have you found yourself falling into either of these patterns?
 - b. As God works in you (vs. 13), what step can you take in "working out your salvation" (vs. 12) in this area? (Hint: asking the Holy Spirit to make you more aware of this pattern, asking forgiveness, asking for prayer, being thankful, etc.)
- 16. When you are pure and blameless, what amazing role do you play in this depraved world? (vss. 15–16) Savor the image.