

## Heart to Heart with the Living God

### Psalm 91

*"I will say of the LORD, 'He is my refuge and my fortress, my God, in whom I trust.'" Psalm 91:2 (NIV)*

In this psalm the writer begins by confessing his faith and calling other believers to do likewise.

**Day 1: Read Psalm 91.** (Note the following definitions.)

Fowler: a person who hunts for wild birds

Rampart: a defensive wall around a city

1. This psalm is full of wonderful promises. List some that stand out to you.
2. What phrases tell us who these promises are for? (vv. 1, 9, 14-15)
3. What four covenantal names for God are used by the Psalmist? (vv. 1-2)

How do these names convey the power behind the promises?

**Day 2: Read Psalm 91.**


4. What types of danger does the Psalmist mention? (vv. 3, 5-6)

How are these dangers similar to the ones you face?

5. What images does the Psalmist use to describe God's protection? (v. 4)

What different aspects of protection do these images show us?

6. At what times is the protection of the Lord promised? (vv. 5-6)

7. While the battle may be raging around you, what final outcomes are sure? (vv. 7-10;  \* Ps. 37:34, 40)

**Day 3: Read Psalm 91.**


8. What confession of the Psalmist are you encouraged to make your own? (vv. 2, 9)
9. If we follow the Psalmist's exhortation in verse 9, what does he say the results will be? (vv. 10-13)
10. We know from experience and elsewhere in scripture that believers experience harm and disaster.
- a. How do John 16:33 and Romans 8:28, 31-39 help us understand God's deliverance of believers? (Psalm 91:15 gives us a hint of this.)
  - b. What will be the ultimate deliverance for believers? (v. 16; Rom. 8:11, 17-18)

**Day 4: Read Psalm 91.**

11. How is verse 13 prophetic of the work Jesus was sent to do? (Gen. 3:13-15; 1 Jn. 3:8)
12. Read Luke 4:9-12.
- a. In this passage who quotes Ps. 91:11-12?
  - b. Why doesn't Jesus follow Satan's suggestion? (Lk. 4:12)

**Day 5: Read Psalm 91.**

13. List the promises God Himself makes. (vv. 14-16) To whom does he make these promises?
14. In the midst of the danger you fear most right now, how has this psalm renewed your confidence in Him who is faithful?

\*The  symbol indicates verses for further study.