

Title: “How to Be Secure in an Insecure World”

Date: 7/19/20

Series: Psalms

Text: Psalm 16

Blurb: “Kings know insecurity more than we might know. And Psalm 16 shows us David's wise and godly response mentally, socially, and volitionally.”

Outline

Our experience(s) of insecurity...

...and King David had it worse.

- How insecure is he? Consider the rebellion of his own son, Absalom, and David's insecurity psychologically, physically, socially, vocationally, financially, etc.

David shows us how to be secure in an insecure world:

1. **Mentally** (16:2)

- “I say to the Lord, ‘You are my Lord; I have no good apart from you.’” (16:2)
- No good *in addition* to the Lord. All good is from Him! A huge truth and mental revolution; He already is showing goodness to you to give you a proper sense of security.

2. **Socially** (16:3-4)

- Delighting in the “saints,” and watching out for those who run after other gods (and will be plagued with sorrows)

3. **Volitionally** (16:5-8)

- The will: “The Lord is my chosen portion and my cup... I have set the Lord always before me.” Commitments!

=> Results (16:9-11)

- “Therefore my heart is glad, and my whole being rejoices; my flesh also dwells **secure**.”
- The physical security of 16:10 is fulfilled in Christ's Resurrection (see Acts 2:25-28)

Questions for Reflection and Application

1. What are your sources of insecurity?
2. How does the world tell you to ‘fix’ your insecurities?
3. Mentally, socially, and volitionally, how did David demonstrate security in an insecure world?
4. Prayerfully name and commit to one or two changes you could make to your life, inspired by Psalm 16. *David shows us how to choose the security offered by God in an insecure world.*