

SLAVES SET FREE
A Study in the Book of Exodus
Holy Bible, New International Version ©2011

God Is Sufficient

Exodus 15:22–17:15

"Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today. The Egyptians you see today you will never see again. The LORD will fight for you; you need only to be still." Exodus 14:13–14

Day 1: Read Exodus 15:22–17:15.

1. Now, on the other side of the Red Sea, the Israelites find themselves in the Desert of Shur (15:22). What is God's purpose for them in the desert? (Deut. 8:2, 16)

2. What is the difference between temptation and testing? (Check a dictionary if needed.)
 - A. Who tempts us, and why? (1 Cor. 7:5; Jas. 1:13–15)

 - B. Who tests us, and why? (Ex. 20:20; Deut. 8:2)


3. One month has passed since God delivered Israel from Egypt. What is Israel's first reaction to the testing in this passage? (15:24; 16:2–3; 17:2–3)

4. How does God respond to the people in each case? (15:25a; 16:11–12; 17:5–6)

Day 2: Read Exodus 15:22–27.

5. Though God meets their needs/desires, at the same time he gives them a 'statute.' What is the statute, and why does he give it? (15:25c–26)

6. What name does God give himself? (15:26)_____

What does this reveal about God? (Deuteronomy 32:39; * Isaiah 45:5–7)

7. What kind of disease does the Lord always heal if you ask? (Isa. 53:5; 1 Pet. 2:24)

Who do you trust for healing—whether physical, spiritual, or emotional? Are there any exceptions?

Day 3: Read Exodus 16.

8. Manna means “What is it?” How is it described? (16:13-15; Num. 11:7-9.)

9. Read Genesis 22:14a. How is God’s name in this verse reflected in Exodus 16?

10. How is manna a picture of Christ? (John 6:31-35, 48-51)

11. Share a time when “The Lord Will Provide” met your need.

Day 4: Read Exodus 17:1-7.

12. Based on their experience with God’s faithfulness, what *should* have been the Israelites’ reaction in their “no water” situation?

13. What does striking the rock represent? (Jn. 7:37-39; 1 Cor. 10:4;)

14. How does the name of God in question 9 apply here?

15. How can you apply this “no water” situation to your own life?

Day 5: Read Exodus 17:8-16.

16. Israel's enemy, the Amalekites, "came and attacked" (v. 8). What is the difference between what Israel was to do in Exodus 14:13 and what they are called to do here in Exodus 17:9?

17. Fighting in the valley, what does Israel see when they look up to the top of the hill? (v. 10)

18. What determined whether the battle was going in favor of Israel or the Amalekites? (v. 11)

19. After the battle is won, Moses builds an altar to the Lord. What does he call it, and why? (17:15-16)

STANDARD - a flag or carved figure fixed to a pole and carried at the front of an army going into battle.¹

20. What will be the ultimate end for the Amalekites? (17:14; Deut. 25:17-19)

21. Meditate on Philippians 4:19. How do the three names of God in this week's passage ("The Lord Who Heals You," "The Lord Who Provides," and "The Lord Is My Banner") comfort you as you travel through **your** desert?

This lesson on Exodus is adapted from "Slaves Set Free" by New Life Glenside Women's Bible Study, 1996-1997.

*📖 indicates the passage is for further study.

¹ Battle standard. (n.d.) *American Heritage® Dictionary of the English Language, Fifth Edition*. (2011). Retrieved July 6, 2023.