

Tasting

Psalm 34

We continue our tour of the five senses as we consider "taste" today. What does taste have to do with life, faith, Christmas, and the Lord's Supper?

What's it like to lose your sense of taste?

Tasting is about...

(1) Experiencing Life

- The sense of taste adds to the richness of life!

- "How sweet are your words to my **taste**, sweeter than honey to my mouth!" (Psalm 119:103)

- Not merely conceptual or academic, but tasting is *experienced*.
 - "Oh, **taste** and see that the Lord is good!" (Psalm 34:8)

(2) Preserving Life

- We need food to live.

- We mentioned Psalm 34:8 a moment ago. What is that psalm about?
 - Answer: David might die!

(3) Discerning Life

- How food tastes *train* us.

- "So put away all malice and all deceit and hypocrisy and envy and all slander. 2 Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation— 3 if indeed you have **tasted** that the Lord is good." (1 Peter 2:1-3)

Communion

- "But we see him who for a little while was made lower than the angels, namely Jesus, crowned with glory and honor because of the suffering of death, so that by the grace of God he might **taste** death for everyone." (Hebrews 2:9)

Questions for Reflection and Application

1. What do you look forward to tasting this Christmas season?
2. "Taste and see that the Lord is good!" (Psalm 34:8) How have you experienced this?
 - Read all of Psalm 34. How does the whole psalm inform what verse 8 meant specifically for David?
3. Read 1 Peter 2:1-3. How does food train us, and how does Peter apply that image for us spiritually? How can you apply this going forward?